



FALL RIVER COUNTY
4-H MEMBER'S ANNUAL REPORT



4-H YEAR _____ to _____

Name: _____

Date of Birth: _____ Age (on January 1 of current club year) _____

Years in 4-H (including present year) _____

Parent's/Guardian's Name: _____

Photo

Check one:

_____ 4-H Club Member

_____ 4-H Independent Member

My local club's name is _____

Club leaders: _____

Club or Group Officers:

President: _____

Vice President: _____

Secretary: _____

Treasurer: _____

Reporter: _____

My 4-H projects (five or less) that I choose to report on this year are:

4-H Goals Worksheet

What is a goal?

- ✓ A goal is Deciding what I want to do and learn in a 4-H project area.
- ✓ A GOAL is Having a road map. It helps me decide how to get where I want to go.

Goals have 3 parts that allow me to measure and check my progress.

1. The ACTION – How will I reach my goal?
2. The RESULT – What will I accomplish?
3. The TIMETABLE – When am I going to do it?

This worksheet is an example of how I can record my 4-H project goals.

PROJECT	ACTION	RESULT	TIMETABLE
<i>Beef</i>	<i>I will train</i>	<i>my 4-H heifer to head</i>	<i>before Achievement Days.</i>
<i>Foods & Nutrition</i>	<i>I will make</i>	<i>three nutritious snacks</i>	<i>before the June meeting.</i>

Your turn.....

PROJECT	ACTION	RESULT	TIMETABLE

4-H Meetings/Activities

During the year, I will make brief notes about my plans, my responsibilities, and my accomplishments at the 4-H club meetings. Indicate what meetings you attended by placing a check mark or X in the month column.

Month	X	Club Meetings <i>My part in the meeting (flag salute, demonstration, music, judging, etc.)</i>	Other Activities this Month <i>My participation in other 4-H activities (Project Day, Judging School, Fruit Sales, Achievement Days, etc.)</i>
October			
November			
December			
January			
February			
March			
April			
May			
June			
July			
August			
September			

4-H Highlights

I did the following in my club (L), county (C), or state (S) this year.

(Check the one you did and indicate the number if done more than one time.)

_____ 1. First year members: I learned the 4-H pledge.

_____ 2. I led the pledges at our meeting.

_____ 3. I went to _____ 4-H Camp _____ Teen Camp

_____ 4-H Conference (TLC) _____ Performing Arts Camp

_____ 4. I was elected _____ for our club.

_____ 5. I served on the following committees:

_____ 6. I helped with the following community service projects:

_____ 7. I promoted 4-H in the following ways:

Name: _____ Club: _____

I Made It!

The project I would like to highlight this year is: _____

What I learned and how am I going to use it or share it with others.

What problems or challenges did I come across?

What am I good at and/or what did I learn about myself?

How does this relate to other parts of my life?

How can I apply these life skills next year or in the future?

4-H Club Member

Date

4-H Parent/Guardian

Date

Feed & Labor Record						
<u>Month</u>	<u>Brand of Feed</u>	<u>Pounds of Feed</u>	<u>Cost of Feed</u>	<u>Guaranteed Nutrient Analysis</u>	<u>Labor Hours Spent</u>	
					Training	Grooming
<i>Example:</i>	<i>Purina Honor Show Chow Fillers Edge DX</i>	<i>5 lbs</i>	<i>\$1.49/lb</i>	<i>Crude Protein 14%; Crude Fat 2.5%; Crude Fiber 15%</i>	<i>14</i>	<i>6</i>
October						
November						
December						
January						
February						
March						
April						
May						
June						
July						
August						
September						

Projects

Circle the projects you are enrolled in for the current 4-H Year. You must have your circled projects selected on 4-H Online by **May 31st** each year.

Animals

- Beef
- Companion Animal
- Dairy Cattle
- Dairy Goats
- Dogs
- Horse and Pony
- Meat Goats
- Small Animals
- Poultry & Eggs
- Rabbits/Cavies
- Rodeo
- Sheep & Wool
- Swine

Biological Science

- Embryology
- Veterinary Science
- Entomology & Bees

Civil Engagement

- Citizenship
- Cultural Education, International Studies & Exchange Programs
- Service Learning

Communications & Expressive Arts

- Communications
- Drama/Theater
- Graphic Design
- Music/Dance
- Photography
- Visual Arts
- Performing Arts Troupe
- Writing & Public Speaking
- Videography

Community/Volunteer Service

- Community Service

Consumer & Family Science

- Child Development & Family Life
- Clothing & Textiles
- Consumer Education
- Entrepreneurship
- Home Environment

Plant Science

- Horticulture, Gardening & Landscaping
- Plant Science, Drops & Weeds

Food & Nutrition

- Food Preservation
- Food Safety
- Food & Nutrition
- Health
- First Aid & Health
- Fitness & Sports
- Safety

Environmental Education / Earth Sciences

- Conservation and Stewardship
- Energy for Farm, Home & Transportation
- Forestry
- Geology & Minerals
- Outdoor Education/Recreation
- Range Sciences & Pasture Management
- Shooting Sports
- Water & Water Conservation
- Soils & Soil Conservation
- Wildlife & Fisheries

Leadership and Personal Development

- Character Education
- Economics, Business & Marketing
- Exploring 4-H
- Hobbies & Collections
- Workforce Preparation (Career Exploration)
- Leadership Skills Development
- Leisure Education & Recreation
- Social Recreation Skills

Technology & Engineering

- Aerospace & Rocketry
- Automotive, Small & Tractor Engines
- Bicycle
- Computers & Technology
- Engineering
- Geospatial
- Robotics
- Welding Science
- Wood Science
- Electricity
- Physics
- Science & Technology Literacy

Assembling Your 4-H Record Book

Assemble your 4-H record book in the following order:

1. **Cover:** Use a standard 4-H record book cover
2. **Current 4-H Member's Annual Report:** A new 4-H member's Annual Report is completed each year.
3. **Accumulative Record for Youth-In-Action Activities:** This is an ongoing accumulative record of your involvement in Fashion Review, Judging, Public Presentation, Showmanship, Special Foods and Awards you have received. Every year you should update the record and bring it forward in your record book.
4. **Livestock/Small Animal Financial Form:** This form is required for beef, dairy, dog, horse, poultry, rabbit, sheep, and swine.
5. **Your 4-H Story:** The story should include:
 - a. What your 4-H experiences have meant to you
 - b. What your local club has done and your part in it
 - c. Your projects or programs and why you selected them
 - d. Problems encountered and how you dealt with them
 - e. Results from your projects(s) or programs(s) and what you learned
 - f. Plans for next year
6. **Photos:** Tell your 4-H story with photos. Your photos should have captions and a date.
7. **Clippings:** Try to include clippings from the meetings you attended, Achievement Days, State Fair, and anything else your name appears in. Underline or highlight your name in the clippings. Other materials should be placed in a scrapbook.